Mental Health Sub-Committee
February 20, 2019

Present: Brian Hart, Shannon Oakes, Lisa Daley, Tarry Jochem, Rebecca Robertshaw

Excused: Kellie Traugott-Knoll, Christina Sirois, Marilyn Cristofaro, Lois Bocchicchio, Dina O'Herron

Minutes:

Approved without changes.

Introductions:

Suicide Prevention Update–Shannon Oakes:

- **Committee News:** Walk-A-Mile Event flyers have been approved and can now get printed and added to our Facebook Page and Website. We are opening registration next month. We are currently working on the t-shirt order and ordering merchandise (it will be different from last year) to sell at the event. We are working on the raffles, and a Smart TV will be the Grand Prize this year. The Community Foundation contacted her and wanted to make sure they are following the NYS gaming rules. Shannon read through the rules, and as long as we make more than $5000.00 on the raffles we do not need to apply for an gaming license. We also can’t sell any tickets 6 months before the event. We cannot demand that they have to be present to win, and they cannot sell tickets to anyone under 18 years of age. Shannon is glad to see so many more committee members showing up at the meetings. As we move closer to the event will need more volunteers for the day we sort t-shirts/give t-shirts to the ones that have registered/and on the day of the event. We will receive the t-shirts sometime in March. The day that we sort the t-shirts it will take us about 3 hours from start to finish. Shannon shared a sample of an air freshener that she ordered to give away at Health Fair Events.

- **Youth Mental Health First Aid:** There will be a training here at the DSS/HRC building on March 11th and 12th in room 322. Please spread the word as there are openings. This is not recommended for Licensed Clinicians. This is for parents/volunteers/anyone working with children.

- **SafeTALK Training:** There will be a training at Family Services on March 6th.

- **SOS Training:** Going to Waverly High School on February 28th and Elmira High School on March 6th and March 17th.

- **Horseheads School District:** Brian will be setting up a table on March 15th at the Horseheads Middle School on their Superintendents Conference Day. This will be a good opportunity to get information out the district staff. They said
about 300 staff will be there. Hopefully the Walk-A-Mile Event flyers will be printed by then, so they can be given out too.

**Director of Community Services report - Brian Hart:**

- **Local Planning:** We need to do some brainstorming for this year’s local plan. What do you think we need or need more of, for Chemung County’s Mental Health?

  Family support to help them with their family member who needs to adhere with their medication regime.

  Adolescent Children’s Unit.

  Outpatient for Child Psychiatric Specialist.

  Hospital ground based efficiency apartments with clinical supports.

  Geriatric Psychiatric services in the community/homebased services.

  Continuing Education for caregivers, family members and home health aides.

  Because of the loneliness and Isolation, assess and refer for community involvement potential.

  Workforce – not enough funding, demand is higher than supply, and caseloads are high. A medical clinic could help address the caseloads.

  Enhanced services in the jail.

  Housing – we over utilize the shelter. We need to stop using it when they have other options.

  Duel Diagnosis Recovery Services – for inpatient and outpatient. Need to work with New Dawn.

  PEERS – hard to get credentials as they need to be certified. They are waiving the credential as long as they are willing to work toward it.

  Crisis Triage Training for school staff.

**Out of all of these ideas what are your TOP 5?**

1. Geriatric Psychiatric services in the community/homebased services.
2. Adolescent Children’s Unit – with a Children’s Psychiatric Specialist.
3. Housing.
4. Workforce
5. Adherence with medication regime.
Your homework assignment between now and our March Meeting is to figure out how to accomplish/achieve these goals.

As for PEERS they are coming soon, with the grant funding.

As for enhanced services in the jail we have received some funding.

As for duel diagnosis services we have New Dawn and the BSU.

**Sharing by Community Members:**

- Nothing to Share.

- The next meeting is scheduled for March 20, 2019.