

Community Services Board Meeting Minutes

December 18, 2019

Present: David Andreine, Joe Cevette, Michelle Johnson, Dr. Michelle Pavillard, Alan Yeck, Lori Murphy, Tara Fethers, Dr. Mihai Dascalu, Sean Eagan, Leisa Alger, Heather Hargraves, Brian Hart

Excused: Jennifer Emery, Rene Snyder

Abscent: Ellen Topping, Rosemary Anthony,

Guests: Tina O'Herron, Cynthia Gee

Meeting called to order by David. Minutes approved without changes.

Special presentation- Joe Cevette and Cynthia Gee

- Pathways presented on their intent to become licensed as a Children and Family Treatment Support and Services (CFTSS) provider. In their proposal they expressed a desire to provide Other Licensed Professional services (OLP), Community Psychiatric Support and treatment (CPST) and Psychosocial Rehabilitation (PSR) to ages 0-21.

They indicated that they have been providing this services for over a year as a required legacy provide when the waivers were changed to these services. They believe the service is needed despite the budget showing a \$32,000 proposed loss. The eligibility was lowered last year and they are serving 65 individuals in Chemung of the 375 in the 11 county region. They are contracted with 7 Managed care organizations across the region.

They are partnering with local colleges to attract staff, especially because the staffing requirements for Skill Building went from a high school degree plus one year to plus three years in the field of care.

After stepping out of the room, Sean made a motion to approve the proposal, and it was seconded by Lori. All in favor and Joe C. did not participate in the vote being out of the room, but would have had to abstain.

Sub-Committee Reports:

- **Nomination Committee-** Brian
 1. In Jennifer's absence Brian noted that we failed to nominate Alan and Joe for a second term at our last meeting, but they have both agreed to continue if approved. Motion was made by David. And seconded by Dr. Dascalu. Unanimously approved.
- **Mental Health Committee-** Lori:
 1. **Updates on the Walk:** There was great attendance at the Committee meeting last week. Assignments were given out to people so that they could seek out donations for the walk event. They have a list of 25 to 30 vendors that normally donate. Not all the vendors have been spoken for yet, if you are interested in assisting with donation, please see Brian. T-Shirts are being pickup up tomorrow from Rainbow Lettering. If you would like to assist in the t-shirt

folding day on March 24th please let Brian know, as there will be approximately 1700 to inspect and fold. Looking for volunteers for T-Shirt Distribution day which will be on Thursday April 30th 7am to 7pm. Brian shared fliers for the Walk-A-Mile in My Shoes Event coming up Saturday May 2, 2020 at Eldridge Park. You can pre-register starting next month on the website.

OMH Commissioner Sullivan recognized that suicide is a problem throughout NYS. He has recommended that if they are inpatient that they are to have a discharge plan and need to connect with family. In the discharge plan the individual will have an appointment with a trained suicide care provider within 24 hours after they have been discharged. If you want more on Suicidal Prevention Care, go to the website.

2. **3 to 5 Campaign** - This is a State wide campaign to gain support from the community for increased rates for the next 5 years. Local aid has fallen by 5% annually since the fiscal year of 2012. It has been 10 years since the State provided a cost-of-living adjustment. There is a huge workforce issue which makes it so agencies are not being able to meet the demands for services in their communities.
3. There is going to be a 10% cut from OMH and OASAS on Administration costs. This means that State Mandated Services will be running on less money.

➤ **Substance Abuse**- Brian in Jennifer's absence:

1. **FLGEC Trainings:** The Finger Lakes Geriatric Education Center is offering a series of trainings on Older Adults and Opioids – Webinar Series. You need to register and the cost is free. This series will introduce the evolving trends leading to the current opioid crisis and how the older adults (elderly) are impacted.
2. **3 for 5 Campaign:** This is a State wide campaign to gain support from the community for increased rates for the next 5 years. Local aid has fallen by 5% annually since the fiscal year of 2012. It has been 10 years since the State provided a cost-of-living adjustment. There is a huge workforce issue which makes it so agencies are not being able to meet the demands for services in their communities
3. **75 Bed (Detox) Rehabilitation and Reintegration in Liverpool:** This was announced by the Governor's office and is now open. New Dawn was sending a woman to this facility this morning.
4. **HCBS - Trinity** – Home Community Based Services – PEER Empowerment Services and Family Services. They have not received official notification of approval, but have heard that it went through. Brian Hart stated that nothing should be approved before being presented to the LGU and the Local Committees. Title 14 regulations need to be followed.

➤ **Developmental Disability**- Leisa

1. **IDD – ID's:** Managed Care is back. They are transitioning, and right now it is voluntary, but eventually it will be mandated. We are not sure when the mandate will be put in place. Last April IDD Health Homes were supposed to start, but haven't seen any of them. Hopefully there will not be 2 care managers doing the same services (ex: CCO & IDD).
2. **ARC of Chemung – START Update** – Systemic, Therapeutic, Assessment, Resources and Treatment – The Clinical Team is not Nationally Certified. This program offers crisis prevention and intervention support to people with developmental disabilities and co-occurring mental health or behavioral health needs. The goal of the START program is to build relationships and

supports across service systems to enhance the ability to support the person in need. In the Crisis Plan Development START Coordinators join existing systems to develop a crisis plan for an individual. OPWDD and the National START Program need to work some things out in this area. But during this planning process it includes assessing current systems of care, provide consultation, training and technical assistance to community partners and organizations to create a well-trained network that can better support individuals in distress. They have had good feedback in that they have been very helpful with the individuals and with the support services. From the data that they have they are reducing ER visits, and have success with diverting individuals into long term settings.

The question was asked how many developmentally disabled individuals in Chemung County have been sitting and waiting in the ER due to mental health/behavioral issues? The answer was that on average they see about 2 a year who have extended ER stays. Usually these are cases in which there is no easy solution and need local and state discussions for the individual. When they closed the Developmental Centers we lost a middle ground that doesn't exist anymore. The State closed these Centers down without having something else in place. If we can collectively with other Counties gather data and show the need, hopefully the State will listen.

- 3. Capabilities** – ETCH – Elmira Tea & Coffee House is now open in Elmira at 100 W. Water Street, Elmira, NY 14901. At this time we are open 5:30am to 6pm Monday through Friday and 6am to 6pm on Saturday and Sunday. It is a social enterprise powered by Capabilities, Inc.

➤ **Sharing by Board Members**

- 1. Athena Award**- Alan asked to recognize the achievements of Michelle Johnson who was presented by the Chamber of Commerce with the Athena Award.
- 2. Dr. Pavilard**- We should also recognize the accomplishments of the Arnot healthcare System and Dr. Dascalu's leadership of the Residency Program for its recent 10 year certification.

Next meeting April 15, 2020