Performance Improvement Project
2022
Decreased Number of Patient Falls

Problem:
- Recent increase in patient falls, both observed and reported

Data Source:
- Clinician documentation of observation or patient report

Baseline Data Results:
- 1 observed fall and 4 reported falls for the month of March

Expected Outcome:
- Less than 3 falls will be reported monthly

Interventions:
- Therapy Evaluations to be ordered when indicated
- Patient education on appropriate use of DME.
- Patient education on clearing pathways, removing throw rugs and having appropriate lighting.
- Ensuring proper handrails and grab bars where necessary
- Patient education on appropriate footwear
- Patient education on medications that may cause dizziness
- Patient education to rise slowly when standing and to stand for a short period before beginning to ambulate.
- Encourage activities that strengthen legs and improve balance

Barriers:
- Cognitive function
- Recall
- Non-compliance
- Educational level
- Family members not on board with treatment plan
- Financial
<table>
<thead>
<tr>
<th>STAGE</th>
<th>ACTIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLAN</td>
<td>QAPI Committee will meet regularly and report findings to PAC and then to BOH.</td>
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<tr>
<td>DO</td>
<td>Track the number of observed and reported patient falls</td>
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<tr>
<td>STUDY</td>
<td>Review the cause of the fall and interventions that were done to prevent falls</td>
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<tr>
<td>ACT</td>
<td>Modify the plan when needs are identified with feedback being provided to the clinicians on a regular basis</td>
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</tbody>
</table>

Written 4/1/2022